

## HYDRATION USE AND CARE INSTRUCTIONS

### TO USE:

1. Disassemble and hand wash all parts in soapy water, rinsing thoroughly before use. Dry completely before reassembling.
2. Always check seals are in place and do not overfill to ensure lid can be placed on securely to prevent spills.
3. Hand wash after each use. For a thorough clean use a bottle brush and straw brush.
4. Store with lid open or removed completely.



### CAUTION:

- Only Double/Triple wall stainless steel bottles WITHOUT STRAWS (such as those pictured below) are suitable for hot liquids and must be used with extreme caution:



- Keeps liquids very hot, allow to cool to drinking temperature before closing lid.
- Keep out of reach of children.
- Check temperature of contents prior to consuming.
- Hot contents can create internal pressure and release steam when opened – open lid away from face.
- Do not overfill.
- Juice, dairy or other liquids that spoil easily should not be kept in product for prolonged periods. Juice can ferment within a day, causing the lid to pop open, leading to injury or spills.

### CARE:

- We recommend hand washing all bottles – including lids and bases.
- If you have a Double/Triple wall stainless steel bottle, for best results pre-cool bottle by filling with cold water or ice. Empty after 2 mins and fill.
- Do not use in the microwave.
- Do not use for carbonated drinks or dry ice.
- Do not use in oven.
- Do not use in the freezer.
- Do not use abrasive cleaners containing bleach chlorine or other abrasives and harsh chemicals on any part of the bottle.
- Take care using metal straws if your bottle has a ceramic lining, as it may scratch.

